

December 11, 2020

Dear all Residents of RiverWoods Exeter, RiverWoods Durham, and Birch Hill,

The vaccines are coming, and that is great, but for now we need to make sure we all get to vaccination day happy and healthy.

The number of positive cases in New Hampshire are rising by the day, and in this week's surveillance testing we had seven staff members (five at RW Exeter and two at RW Durham) test positive for the COVID-19 virus. In addition, all our communities are impacted not only by staff members who have tested positive, but also by staff who need to quarantine because they have been exposed to the virus through family or friends. Those absences provide a real challenge to operations as we have numerous staff members home for that reason.

With the rising number of cases, and with the holidays in sight, we have a few new updates to share so you can plan accordingly.

QUARANTINE POLICIES (EFFECTIVE 12/12/2020)

- If you travel overnight between now and the end of January you will need to quarantine for 10 days. The only exception to this would be if you stay overnight at another house that you own, and no one else is a part of your stay (just you, or you and your spouse).
- If you attend a gathering with more than six people who do not live in your household, you will need to quarantine for 10 days.
- If you are around others who have travelled from outside of New England and did not quarantine, or who traveled via public transportation you will need to quarantine for 10 days.

HOLIDAY DINNERS –the rising case counts tell us that communal dining is not a good idea right now. Your dining team will prepare delicious meals for you, with a festive flair, but we will not open the dining rooms for the holidays.

The vaccines are coming; we expect our health care residents and staff to receive their first dose of the vaccine right before or right after the new year, and we have been told that Independent Living residents will follow “shortly thereafter.” Hang in there. These changes are designed to do everything we can to ensure that we all get there safely.

Until then, wash your hands, wear your masks, and stay healthy my friends!

A handwritten signature in black ink that reads "Justine Vogel". The signature is fluid and cursive, with a large initial "J" and "V".

Justine Vogel

TRWG CEO